

Curriculum Vision

Faculty	Creative and Performing Arts	Subject	Physical Education
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Our Vision

Departmental Vision

The core PE curriculum aims for pupils participate in a broad range of physical activities, as a device to build on and embed the physical development skills learnt in key stages 1 and 2.

Pupils should become more competent, confident, and expert in their techniques to improve both their declarative understanding & procedural application across different sporting movements and physical activity contexts.

The curriculum aims to provide opportunities of increasing difficulty for pupils to develop motor competence, rules, strategies & tactics, and health-based confidence through various assessment structures (Head, Heart & Hands).

With the aim for pupils to be able to understand the performances of themselves & others, in relation to personal development and long-term health benefits.

Curriculum Intent

Our 5-year curriculum map aims to ensure that learners have the skills needed not only to succeed within physical education and their potential KS4 qualifications but to improve the life skills of all learners. We seek to embed the schools core virtues & values, through physical activity, allowing us to develop character. Whilst simultaneously seeking to inspire, engage, and nurture a lifelong love of sport and physical activity. This includes respecting one another, being part of a team and overcoming failure by building skills that are needed in 21st century Britain.

- To be active physically, demonstrating knowledge and understanding mainly through physical activity
- To expose pupils to competitive situations in both team and individual activities that promote being physically active, embedding core values and building resilience
- To provide quality first teaching within PE.
- To provide a variety of extra-curricular school club options for students to engage with.
- To provide a variety of interschool competitive sport for all pupils
- To provide a variety of intraschool competitive sport for all pupils
- To instil a sense of sportsmanship, fair play and encourage recognition of other pupils' contributions within lessons.
- To develop well rounded individuals that can demonstrate integrity, self-discipline and commitment whilst improving their physical, cognition and mental confidence (Head, Heart & Hands)

We deliver a broad, multifaceted curriculum and enrichment programme that is not influenced by gender, social or economic bias. In this regard, we are committed to developing an environment in which pupils are offered choices to utilise new opportunities and embracing mistakes and misconceptions, as a method of improvement. We value the importance of keeping active and ensuring learners are keen to adopt healthy, active lifestyles in and out of school to improve their physical literacy, fitness and mental health and well-being.

Curriculum Sequencing Rationale and Implementation

We aim to expose pupils to competitive situations to promote physical activity build character and embed core character development values. This will be implemented through the range of activities offered, considering student voice feedback and meeting the requirements of the National curriculum for Physical Education.

KS3 (7, 8 & 9)

In Year 7 pupils participate in a broad range of physical activities as a device to establish basic skills and knowledge. The curriculum aim is to 'Create Confident Movers for Physical Education'. We do this by providing a range of opportunities for pupils to improve physical literacy and confidence via Head, Heart & Hands success criteria.

In Year 8 we build on these basic skills by providing different small-sided game scenarios, encouraging students to problem solve and make justified decisions based on their current knowledge and skills set. The focus for learners in this year is to 'Build a Passion for Sporting Experiences'.

In year 9 pupils focus is 'Developing Skills for a Healthy, Happy life' with a view to developing leadership skills via a series of models to prepare learners for KS4. For example, students can understand and master using space effectively via a range of tactical and strategic scenarios across a plethora of sports.

KS4 (10 & 11)

In KS3 through to KS4, some sports are repeated via an optional four-way pathway, with a particular focus of each linking to one of the Head, Hands Heart criteria. This allows us to build upon and consolidate prior learning and skills, ensuring any 'gaps' in knowledge or misconceptions are addressed by subject teachers.

Learners will have the opportunity to pursue either: Competitive activities, Non-competitive/Recreational activities, Coordinated & Creative Activities or Health, Fitness & Well-Being Activities.

We hope to promote lifelong participation and increase rates of physical activity. Whilst encouraging a series of positive life skills, such as healthy active lifestyles, commitment, integrity, and leadership.

Those studying nationally recognised qualifications at KS4 further develop their depth of knowledge and understanding of wider factors within physical education. This will be assessed & tracked in line with whole school policies and procedures. We currently have two options for pupils to choose from in order to suit their learning needs: GCSE PE (AQA), Cambridge Nationals Sport Studies (OCR).

KS5

Learners also have the option to study & develop their knowledge further by opting for the Cambridge technical Level 3 Extended Certificate in Sport & Physical Activity.