

A Guide to Supporting Your Child at Home

We are writing to you to share some advice on how best to support your child at home during this difficult time. As a school we appreciate all your hard work and questions around “best” supporting your child at home.

Even though students are not at school there are plenty of learning opportunities for them to continue to try their best at everything they do.

You will have all received information on how to access home learning resources on the pupil drive via the website through HAPS. Students will need to use their normal school login details to access these materials. If students are experiencing difficulties logging on please send an email to:-

ITadvice@atlp.org.uk

Please supply the following information:

Student Name:

Student username if possible:

Student school:

Details of query:

Contact email:

If you require a paper copy of the home learning packs please let school know as soon as possible. Groupcall messages will be going out after Easter to alert you when Pack 2, Pack 3 and the Knowledge Organisers are available.

Contacting Subject areas:

If students do have any questions about the work they are completing, we are providing subject email addresses below for you to use. The email addresses are there purely to communicate with subject areas if there are any misconceptions or further understanding on the topic is needed from their teachers.

mathsstudents@jws.bham.sch.uk
englishstudents@jws.bham.sch.uk
sciencestudents@jws.bham.sch.uk
mflstudents@jws.bham.sch.uk
geographystudents@jws.bham.sch.uk
historystudents@jws.bham.sch.uk
restudents@jws.bham.sch.uk

socialsciencestudents@jws.bham.sch.uk
businessstudents@jws.bham.sch.uk
technologystudents@jws.bham.sch.uk
musicstudents@jws.bham.sch.uk
pestudents@jws.bham.sch.uk
artstudents@jws.bham.sch.uk
dramastudents@jws.bham.sch.uk

Please be aware that these email addresses will not be monitored during the school holidays. We will though endeavour to respond as quickly as possible to enquiries, but you will appreciate that this will be influenced by staff availability.

Learning from home

- **Keep to a routine:** students should try to follow their normal school timetable to help plan their learning. As well as keeping to getting up and going to bed at the same time. This is important for their mental and physical health. Planning their days will help with staying positive, calm and productive.
- To help students develop their understanding further they can use their Spring Term Knowledge organisers and create thinking maps to help organise their work.
- Enclosed is a list of useful websites for students to visit to enhance their learning.
- **Limit Screen time:** be careful how long you are sitting at the screen for, take breaks, try to avoid being on your screen before you go to bed and think about doing as many things in the real world as in the virtual!
- **Stay Active:** although our time outside and our social interaction is limited, it is important to stay active by getting moving little and often will help boost your mood and build your strength. Joe Wicks the Body Coach has an online PE lesson via YouTube every morning at 9:00am.
- **Be Creative:** see this time as a chance to discover new talents: paint, draw, write, bake, the list is endless.

Year 10 students will be sent a detailed table showing the topics that they would have been studying in school with links to suitable websites, resources and text books. We are currently investigating ways to ensure that all students have the necessary resources to support them in their learning.

Well being

We appreciate that this is a very difficult time and there are no “rules” around how to exist “best” during a Global Pandemic. This is not normal. Lean into whatever feels best for your family, whatever makes sense for your child, whatever allows you the mental and emotional space to cope with the upcoming weeks. We have listed some useful links below to help you.

NHS advice:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Talking to children and young people about Coronavirus

Advice on talking to children and young people about Coronavirus, by British Psychological Society:

<https://www.bps.org.uk/sites/www.bps.org.uk/files/Policy/Policy%20-%20Files/Talking%20to%20children%20about%20Coronavirus.pdf>

How to talk to your child about coronavirus, by Unicef:

<https://www.unicef.org/coronavirus/how-talk-your-child-about-coronavirus-covid-19>

Child-friendly explanation of Coronavirus for Primary age students:

https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685_319c5acf38d34604b537ac9fae37fc80.pdf

Information video on Coronavirus for Primary age children (KS2), by Brainpop:

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

Information video on Coronavirus for older children/adults, by WHO:

<https://www.youtube.com/watch?v=mOV1aBVYKGA&feature=youtu.be>

Your wellbeing

Coronavirus and your wellbeing, by Mind UK:

<https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/>

5 ways to wellbeing, by Mindkit:

<https://www.mindkit.org.uk/5-ways-to-wellbeing/>

Our pastoral staff remain available in school. Please email enquiry@jws.bham.sch.uk if you require assistance and they will do their best to help you and signpost you to other services that may be able to support you and your family.

You will find a further range of useful resources on the school website by clicking on the red banner at the top of the screen. This includes guidance on the use of social media and a support line being offered by Birmingham Local Authority, Educational Psychology Service.

We will continue to update you over time.

Please stay safe.

A Useful Websites to Assist Learning and Creativity

Mathswatch

[mathswatch.co.uk](https://www.mathswatch.co.uk)

All students have login details for mathswatch.

Khan Academy

<https://www.khanacademy.org>

A free resource, this is U.S. based, however it is especially good for maths and computing for all ages but does cover other subjects at Secondary level.

BBC Bitesize revision

<https://www.bbc.co.uk/bitesize>

An excellent site to support learning and revision across all subjects and all key stages.

Futurelearn

<https://www.futurelearn.com>

Free to access 100s of courses provided by worldwide universities.

Seneca

<https://www.senecalearning.com>

For those revising at GCSE or A level. Tons of free revision content. Paid access to higher level material.

Blockly

<https://blockly.games>

Learn computer programming skills - fun and free.

Ted Ed

<https://ed.ted.com>

All sorts of engaging educational videos

National Geographic Kids

<https://www.natgeokids.com/uk/>

Activities and quizzes for younger kids.

Duolingo

<https://www.duolingo.com>

Learn languages for free. Web or app.

Mystery Science

<https://mysteryscience.com>

Free science lessons

The Kids Should See This

<https://thekidshouldseethis.com>

Wide range of cool educational videos

Crash Course

<https://thecrashcourse.com>

You Tube videos on many subjects – US based for some aspects.

Tinkercad

<https://www.tinkercad.com>

All kinds of making

National Literacy Trust

https://literacytrust.org.uk/family-zone/?mc_cid=ebc2605b91&mc_eid=23dab3fa83

You'll be able to access free reading and writing resources, audiobooks, videos, competitions and reading challenges. Every resource is available for free, although to access some you may need to create a free account.

<https://stories.audible.com/start-listen>

Free Audible books! A selection of fiction for primary and secondary school ages.

<https://www.century.tech/>

Home learning resources in English, Maths and Science offered free to parents during the current circumstances.