

3 February 2021

Dear Parents and Carers

You may well be aware that this week is Children's Mental Health Week. There has been much in the press regarding the impact of the current circumstances on the mental health of children. I would like to remind you that there is a comprehensive list of agencies on our school website if you require any support. In addition, you can raise any concerns during your weekly well-being calls with school staff.

This week the Heads of House are launching their 'Passport to Wellbeing'. The video will be uploaded onto our YouTube channel as well as being available on Satchel:One (Show My Homework). This passport involves a range of challenges for students to complete to focus on their wellbeing in four main areas; downtime, productivity, nutrition and exercise. Students can earn house points by tackling the challenges and uploading evidence onto Satchel:One or returning evidence to the special wellbeing email address for their year group.

[yr7wellbeing@jws.bham.sch.uk](mailto:yr7wellbeing@jws.bham.sch.uk)   [yr8wellbeing@jws.bham.sch.uk](mailto:yr8wellbeing@jws.bham.sch.uk)   [yr9wellbeing@jws.bham.sch.uk](mailto:yr9wellbeing@jws.bham.sch.uk)  
[yr10wellbeing@jws.bham.sch.uk](mailto:yr10wellbeing@jws.bham.sch.uk)   [yr11wellbeing@jws.bham.sch.uk](mailto:yr11wellbeing@jws.bham.sch.uk)

The Heads of House have also been busy preparing a weekly quiz that will be available on Satchel:One. Yet another way to earn house points for your teams.

Magic Breakfast provisions are available for school each morning. Students can collect a fortnight supply of cereal, porridge and bagels from reception any morning during the week. There is no need to sign in, just arrive wearing a mask, sanitise your hands, stay 2m away from everyone, collect your breakfast and take it home to enjoy. This is available to all families; you do not need to be in receipt of free school meals just bring a bag to carry it home. Students who are attending school each day can also take home a selection each week.

All students in receipt of free school meals who completed the survey have now been offered laptops. Parents of all students have been asked to complete a survey regarding their needs for increased data or internet access to support with remote learning. This information has now been passed on and we hope to have positive news for you soon. In the meantime, if students are unable to use a device at home work packs will be posted home, you need to email [enquiry@jws.bham.sch.uk](mailto:enquiry@jws.bham.sch.uk) and give your child's name.

Finally thank you for all the lovely positive messages about the remote learning provision. The staff are working hard to make the work as engaging as possible, so it is good to hear that students are engaging with their lessons so positively and enjoying what is available.

Yours faithfully

**Mrs T Peters**  
**Headteacher**