

15 October 2021

Dear Parents and Carers

We have been advised by UK Health Security Agency that there have been a number of confirmed cases of COVID-19 within Year 11.

We have followed the national guidance and have identified that your child is likely to have been in close contact with the affected individuals. In line with the national guidance there is no requirement to self-isolate as your child is under 18 years old however it is recommended that a PCR test is taken, and parents/carers are vigilant for COVID-19 symptoms. It is also recommended that children in Year 11 take a lateral flow device (LFD) test daily for the next 5 days. Lateral flow tests are available at school from either student or main reception. We are asking you to do this to reduce the further spread of COVID-19 to others in the community.

#### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

#### **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

#### **For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

#### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

#### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>.

Yours sincerely

**Mrs T Peters**  
Headteacher